

Hattie Farmer

English 112

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GENDER  
EXPRESSION  
*in relation to*  
SEXUAL  
HARASSMENT  
AND ASSAULT

# DEFINITIONS *in my own words*

Gender identity → The gender w/ which a person identifies w/

Gender expression → The gender w/ which a person expresses themselves (physical + personality) (stereotypical masculine/feminine traits)

Rape → The act of forcing another person to have sex without their full consent

Sexual Assault → Any unwanted sexual contact (includes rapes)

Sexual Harassment → Unwanted comments or actions (gestures) about sex w/o physical contact (or about appearance)

Transgender → Label assigned to a person who identifies with any gender other than the one assigned at birth (biological sex)

Cisgender → Label describing a person who identifies w/ the gender assigned at birth (biological sex)

TW: This book will have explicit descriptions of Sexual Assault and Sexual Harassment (mentions)

# STATISTICS ON SEXUAL VIOLENCE\*

Based on the recent National Intimate Partner + Sexual Violence Survey (NISVS)  
 As published by the center for Disease Control and Prevention  
 2016/17 Report on Sexual Violence

## W O M E N

Rape:  $\frac{1}{4}$  reported completed/attempted



Forced to Penetrate: N/A



Notice how there is not a category dealing w/ penetration for biological women...

## M E N

Rape:  $\frac{1}{26}$  reported completed/attempted



Forced to Penetrate: ONLY FOR MEN



↳ This is almost 3X MORE than the number of reported RAPEs

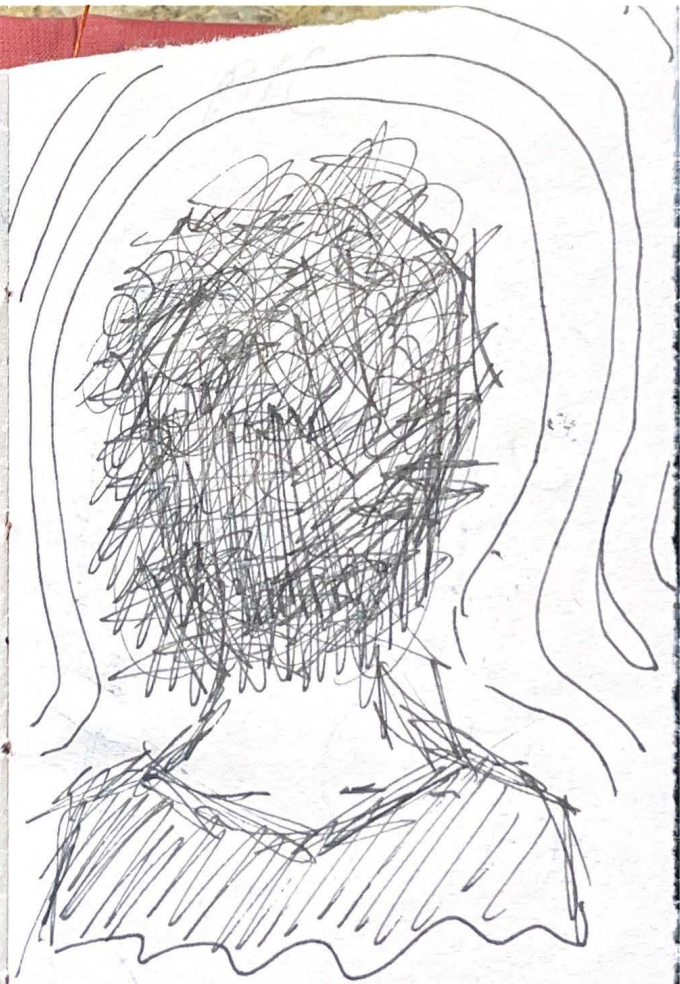
SO why is the distinction made for biological men if

**BOTH ARE NON-CONSENSUAL!!!**

\* Keep in mind this refers to cisgender individuals, trans ppl will be discussed on later page

This past semester and year, I've heard so many stories of sexual assault and harassment of other genders that I've never even heard of. After I mentioned my experience w/ my ex to my father, for instance, he mentioned a story about an older man showing him playboy/explicit magazines and coercing him into doing some things having to do w/

sex. I don't remember a lot of what he told me but I do remember that he said he was only around 8 years old. He said his mother asked him how he let that happen. Yes, this may have been the 20s, but the lack of representation of other genders ~~(and cis women)~~ prevails. This is why



besides non-cisgender women, still I choose to name this book.

GENDER  
EXPRESSION  
AND SEXUAL ASSAULT  
LIKELIHOOD

# THE BEM SEX

Compilation of 200 gender-neutral  
"feminine" or "masculine" personality

moody



happy

P  
R  
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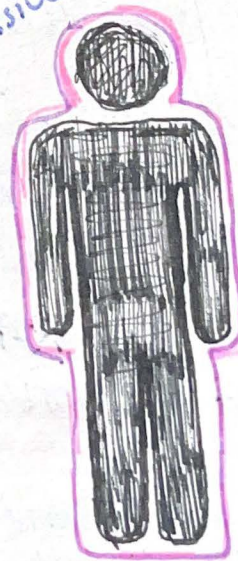
- women w/ more "feminine" personality  
more likely to report sexual assault
- more likely to report ~~sexual~~ sexual  
intercourse through force or threat

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# ROLE INVENTOR Y

personality traits and 200 stereotypically  
traits → 1/2 negative, 1/2 positive

aggressive



analytical

- women w/ more "masculine" personalities  
experienced more sexual harassment
- reported fewer cases of sexual  
victimization

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# TRANS VS CISC GENDERS TRANS VIOLENCE

"Transgender people are over

4x

more likely than cisgender people to experience violent victimization including RAPE, SEXUAL ASSAULT, and AGGRAVATED or SIMPLE ASSAULT"

- Dowd, Williams Institute

→ Though trans ppl found more acts of violence than cisgender (identity w/ biological sex) people,

[ THERE IS NO SHOWN DIFFERENCE BETWEEN TRANS MEN & TRANS WOMEN ]

same study

# MEDIA REPRESENTATION



It seems that we are only concerned about women being victims, about how men are always the perpetrators, but what about male victims? Male women victims? Where are they represented?

SA and GE

SEXUAL  
ASSAULT

ON

GENDER

EXPRESSION

EFFECTS

ER

PRESSION

# BODY DYSMORPHIA

Negative self-image based on  
how one's body does not  
look like how ~~one~~ perceives it,  
believing it needs  
to be changed



Obsession in  
a way

# GENDER DYSPHORIA

Negative self-image  
based on not

looking  
like one's  
perceived  
gender



side on  
my

internal gender  
does not match external one

# AFFECT OF SA

Sexual Assault can result in...

- Depression
- Flashbacks
- PTSD
- Self-harm
- STIs and STDs
- Substance Abuse
- Dissociation
- Panic attacks
- Eating disorders
- Pregnancy
- Sleep disorders
- Suicide
- Body Dysmorphism

The Rape, Abuse, & Incest National Network  
(RAINN) Sexual Assault Hotline:  
1-800-656-4673

# HYPERSexual

The desire to have every  
fragment sex, are often  
referred to as "sex addicts"

OFTEN ATTRIBUTED TO  
MEN BY SOCIETY

↳ large reason why  
male victims are  
ignored if seems  
because they must  
"want it"

# vs HYPOSExUAL

Not having "the desire" for  
sex w/ a person they believe  
they love, such as a  
spouse or lover

OFTEN ATTRIBUTED TO  
WOMEN BY SOCIETY

↳ if women don't  
adhere to these standards  
they are deemed a  
"slut" by society it  
appears

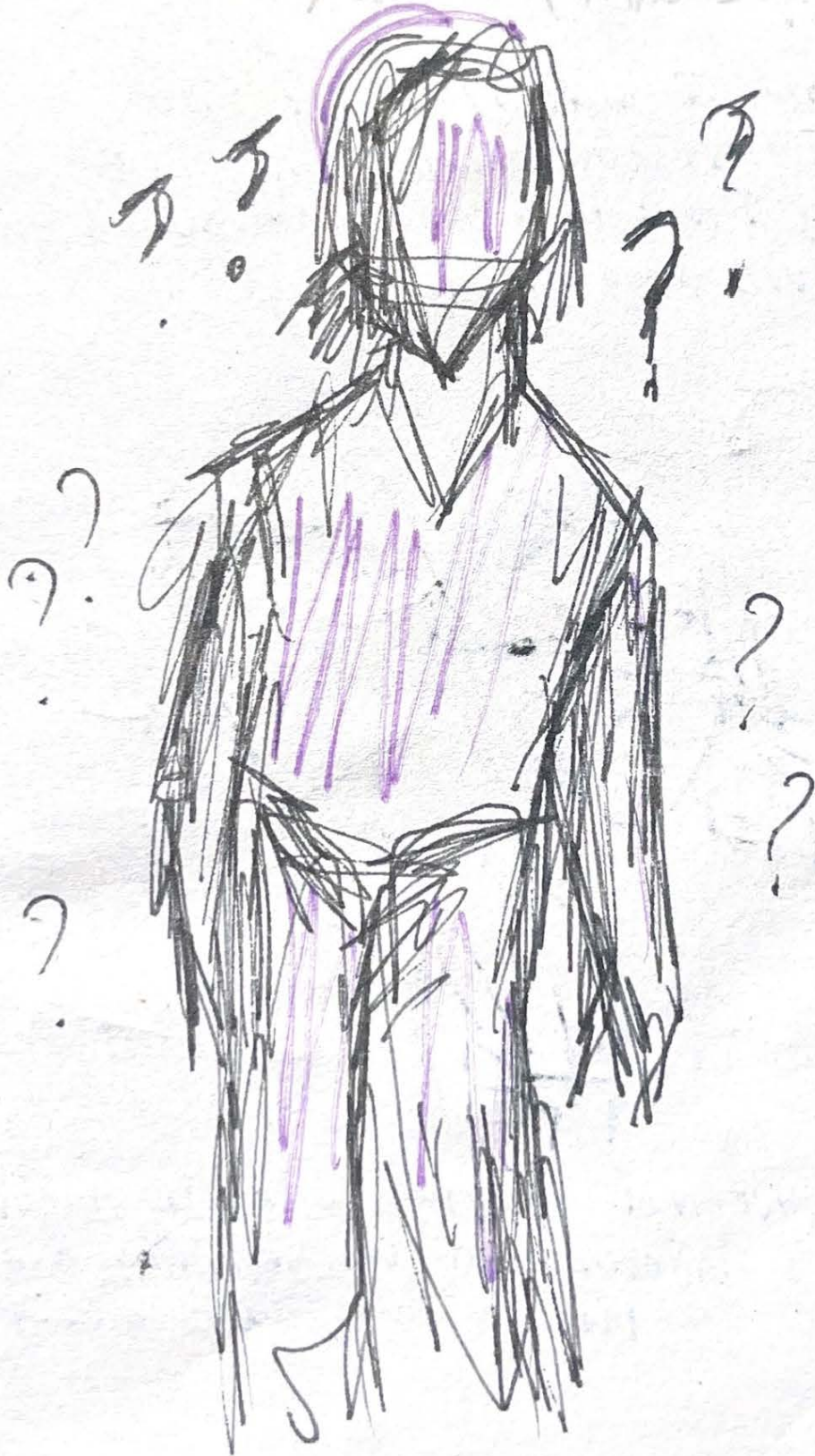
BOTH CAN BE TRAUMA RESPONSES

# POSSIBLE CONFUSION

Since the effects of sexual assault and gender dysmorphia can manifest themselves in similar ways, it is likely that feelings can be misinterpreted.



SA → Body D  
Trauma Response



# My Personal Story

When I was 17 I got into my first ever relationship w/ a guy I met in a group chat during the COVID pandemic...



We met in person a couple times innocently in the beginning and those moments were great!

But one day we  
were both sitting  
at a party we  
were attending



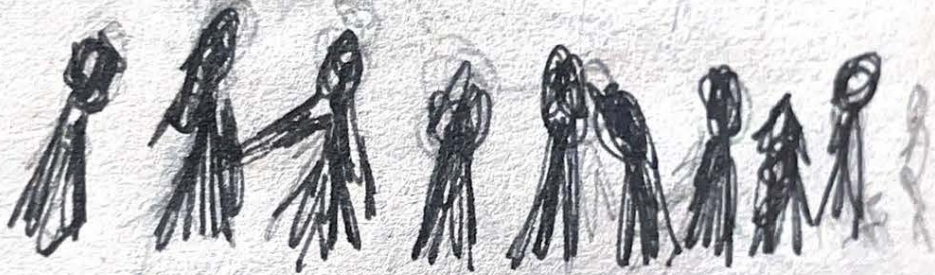
without warning I  
just felt him reach up  
and put his hand under my shirt...



Not  
fight!

I remember even  
sitting across from me

now...



EEWW!  
STOP THAT'S  
SO GROSS!!



I felt everyone's  
eyes on me in that  
moment...

Despite all the good times  
it only got worse from then  
when we were ~~in~~ private

Seemed like the  
main focus  
was my





I would wear  
cargo pants  
to cover my  
thighs



And wore a chest binder  
to make my chest look more flat  
we broke up but I still did all this after...

I cut my hair all day recently  
in my dorm and  
felt amazing!



But I thought  
that because I  
didn't mind  
my short  
hair

And hated my  
bwoos...

And liked  
to do  
"guy"  
things  
I was  
a guy



I started acting  
more **AGGRESSIVE**  
and **RUDE**  
trying to  
be more  
perceived  
as a guy

As of right now though, once I addressed that sexual trauma/assault I feel so much better and less bound to expectations.

I still love  
my shorter  
hair...

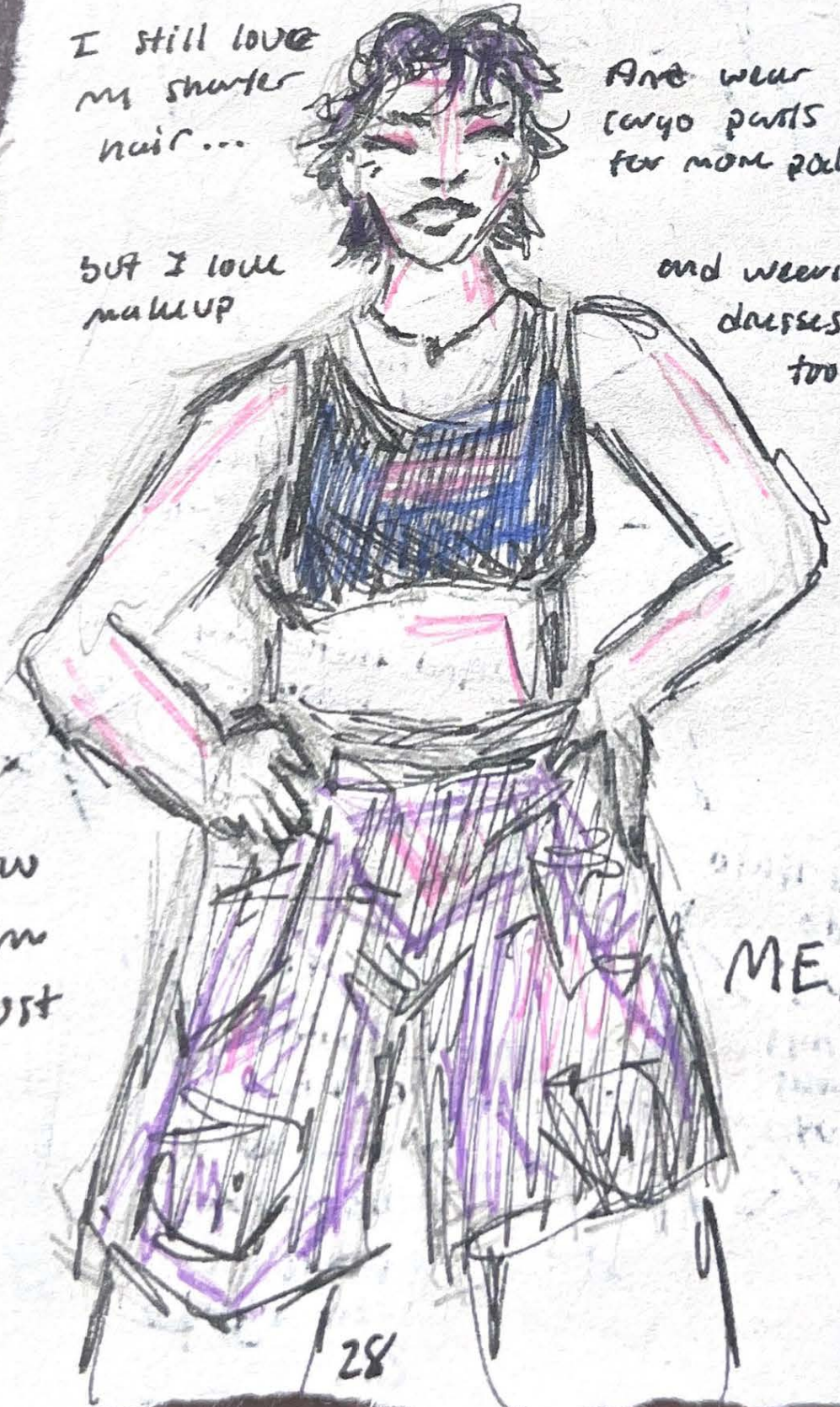
And wear  
cargo pants  
for more pockets,

but I love  
makeup

and wearing  
dresses  
too!

Now  
I'm  
just

ME!





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