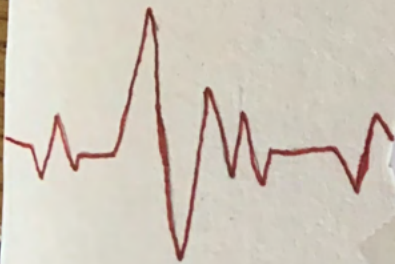


Horror Movies Are Vital



Because they ~~are~~ you
make you...

Understand Your Fears

"The purpose of horror films is to highlight unconscious fears, desire, urges, and primal archetypes that are buried deep in our collective subconscious" (Park 3).

"American Psycho" (2000)



"Scream" (1996)



"Black Swan" (2010)

Junior Tim of Quincy Adams Tower



"Psychological horror movies get into more subconscious fears when they talk about like family problems or abandonment or mental disorders."

Face Your Fears

"Watching horror may actually help some people become more resilient in real life. That's because horror movies let people practice feeling negative emotions in a safe setting" (Temming).

"Carrie" (1976)



"Midsommar" (2019)



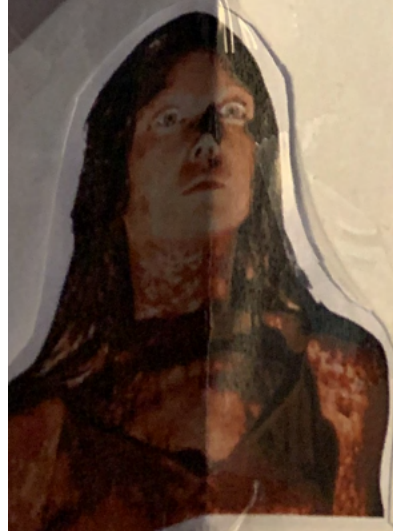
"It" (1990)



"Horror movies in particular
immerse their viewers into a
whole new world in order to get
the required
'scare' effect."

Freshman Hope
of Van Meter Manor

some
life.
people
safe



Question Your Fears

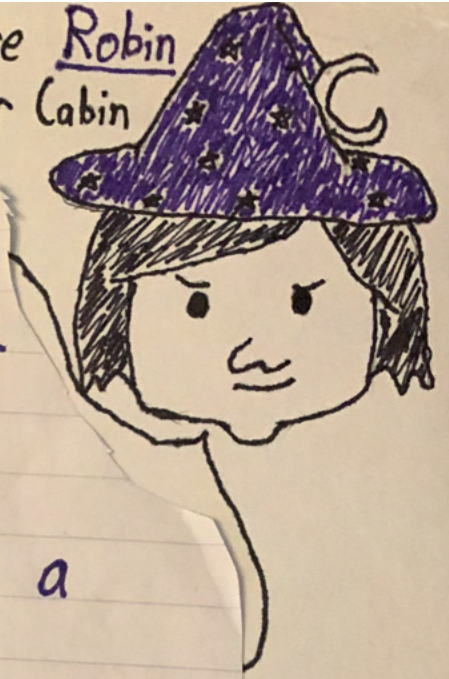
"Horror movies are a commentary on social issues and concerns. Albeit, these issues are exaggerated and twisted into a feature film for the audience's enjoyment" (Fiveson).



"Get Out" (2017)

Sophomore Robin
of Baker Cabin

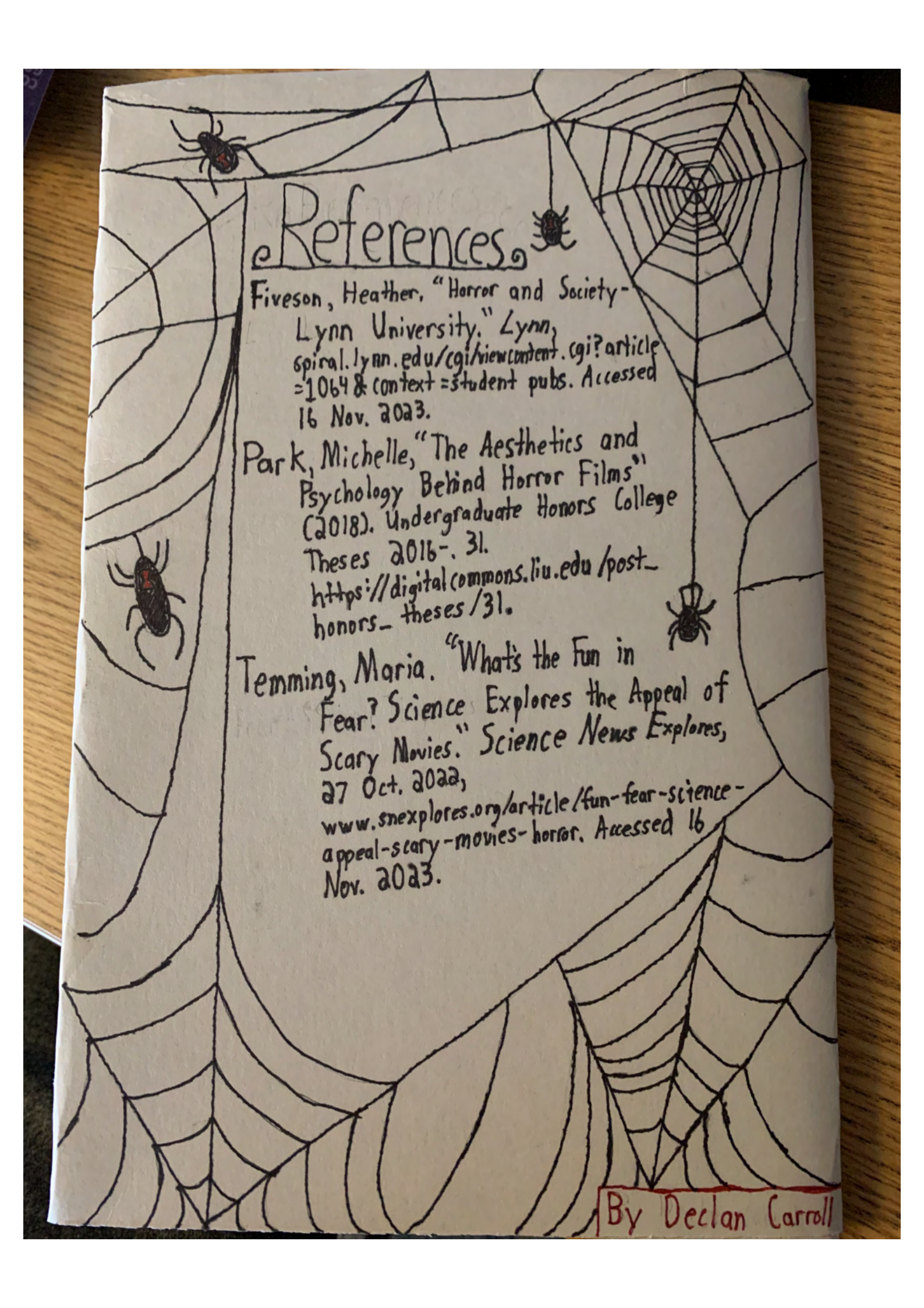
"I think oftentimes
horror movies reflect
what a society is
scared of and gives a
description of it."



Silent Hill
"Silent Hill" (2006)

"Parasite" (2019)



The notebook page is decorated with hand-drawn spider webs and spiders. A large web is on the right side, with a spider hanging from it. Smaller webs and spiders are scattered on the left and top edges. The title 'References' is written in a decorative, cursive font at the top center.

References

Fiveson, Heather, "Horror and Society - Lynn University." Lynn, spiral.lynn.edu/cgi/viewcontent.cgi?article=1064&context=student_pubs. Accessed 16 Nov. 2023.

Park, Michelle, "The Aesthetics and Psychology Behind Horror Films" (2018). Undergraduate Honors College Theses 2016-. 31.
<https://digitalcommons.liu.edu/post-honors-theses/31>.

Temming, Maria. "What's the Fun in Fear? Science Explores the Appeal of Scary Movies." *Science News Explores*, 27 Oct. 2022,
www.snexplores.org/article/fun-fear-science-appeal-scary-movies-horror. Accessed 16 Nov. 2023.

By Declan Carroll